



What Is a Mentor?

- **Effective Listener:** In many cases, the mentor is the only person that the mentee can identify as a person who will listen to his/her concerns or problems.
- **Help set short or long term goals.** *If they fail to plan, they plan to fail.*
- **Identify positive things in mentee's life.** Concentrate on mentee's strengths to overcome their weaknesses.
- **Convey that there is always "HOPE"** but "HOPE" depends on their efforts and attitude.
- **Employ role playing** as a technique for solving mentee's problems. "Put the shoe on the other foot".
- **Help the mentee develop personal interests and hobbies.**
- **Help the mentee become more involved in school.**
- **Help the mentee learn where to go for help.**
- **Be sincere and committed.** They can sense when you are NOT.
- Develop a level of trust with your mentee. This is the utmost importance if the relationship is to be successful.
- **Serve as a responsible role model for your mentee.**
- **Be DEPENDABLE!**

**"Children need models more than they need critics."
-Joseph Joubert**

Remain positive, committed, and bring hope!