September

Objectives:

- 1. Professionalism
- 2. First Impressions
- 3. Self-Awareness

Portfolio Product:

o Resume: Continue developing and adding to your resume.

Club Activity:

- o College & Career Readiness Portfolio Overview
- Resume Activity

College Readiness Coaching:

- Monthly Check In Questions
 - Are you meeting with your mentor?
 - Review Grades/GPA
 - Have you updated the contents of your portfolio recently? (Resume, Essay, Community Service, College Visits, etc.)
- Self Awareness Questions
 - What are your goals for this year?
 - What is one thing you want to change from last year and one thing you want to remain the same?
 - What did you learn at the Fall Workshop? What was your favorite lesson learned?

- Check in with student about summer and the start of their school year.
- Identify Support Systems
 - Teachers, Guidance Counselor(s), Coaches, Other
- o Discuss resume progress and assist with resume development.
- Mentor Toolkit Activity
 - 18: Exploring Social Emotional Skills The One Minute Reflection
 - Objective: Practicing Self-Awareness

October

Objectives:

- 1. Understanding First Generation
- 2. Personal Adversities & Resiliency
- 3. Identifying Personal Support Systems on the Journey to Post-Secondary Success

Portfolio Product:

Personal Essay

Club Activity:

- College Knowledge
- Community Building

- Assist with understanding the student's personal journey to post-secondary education and goals.
 - Think about and talk about scenarios where a student overcame adversity or demonstrated resilience. Allow the student to reflect and reminisce.
- Assist with developing a topic for the student's personal essay.
 - The personal statement essay should be related to overcoming adversity or what makes the student unique. Think about common college essay topics/prompts.
- Discuss post-secondary goals and begin exploring post-secondary desires/opportunities.
 - Does the student know what they want to study in college?
 - Does the student know what schools they are interested in applying to?
- Mentor Toolkit Activity
 - 21: Exploring Social Emotional Skills Shared Goals
 - Objective: Practicing relationship building skills & working collaboratively to develop a plan for the student's goals.
 - 32: Preparing for College Why College?
 - Objective: To gain an understanding of the importance of a post-secondary education.

November

Objectives:

- 1. Interest Inventory
- 2. Community Service
- 3. College Knowledge

Portfolio Product:

- Interest Assessment
- Career Exploration Activity
- o College & Program Research

Club Activity:

- Service Project Brainstorming
- Career Assessment & Program Research

- o Assist with interest brainstorming.
 - What does the student like in terms of career interests?
 - What does the student know about that specific field or line of work?
- o Remind the student to complete their interest assessment for their portfolio.
- What kind of community service has the student completed? What type of community service projects interest the student?
 - What does community service mean to the student?
 - What is the importance of community service?
- Mentor Toolkit Activity
 - 33: Preparing for College Know your Degrees
 - Objective: Learn the value and meaning of the various post-secondary academic degrees.

December

Objectives:

- 1. Complete all portfolio tasks from Semester 1.
 - Resume
 - Letter of Recommendation
 - Personal Essay
 - Interest Assessment
 - Career Exploration
 - o College & Program Research

Portfolio Product:

o Complete all portfolio tasks from Semester 1.

Club Activity:

No Club Meetings.

- Review completion of portfolio tasks
- o Review and reflect about semester 1.
 - Discuss various aspects of school life and classes.
 - Discuss personal life and check-in with the student about their life and relationships with others.
- o Discuss goals for 2023 and semester 2.
- o Discuss plans for Winter Break and the Holidays.
- Mentor Toolkit Activity
 - 6: Setting Realistic Goals SMART Goals
 - Objective: Gain an understanding of goal setting and identify personal short and long term goals for semester 2.

January

Objectives:

1. Importance of Service

Portfolio Product:

Community Service Form

Club Activity:

- o Community Service Project
- Community Building Activity

- o Share your experiences with Community Service and Volunteering
- o Engage in conversations about Community Service
 - Importance of Service
 - Opportunities for Community Service
- Mentor Toolkit Activity
 - 42: Ways to Gain Work Experience
 - Objective: Learn about the different ways to gain work experience.
 - Focus on the "Volunteer Projects" section to guide conversations around Community Service.

February

Objectives:

- 1. Critical Thinking
- 2. Teamwork
- 3. Problem Solving
- 4. Career Exploration

Portfolio Product:

Critical Thinking Activity

Club Activity:

- Problem Solving Activity
- Jobs in Demand Activity

- Share your personal story about career exploration and your professional journey.
- o Talk about different programs offered at different colleges and universities.
 - Explore certificates and/or degrees needed for career areas of interest.
- Mentor Toolkit Activity
 - 33: Know Your Degrees
 - Objective: The student will learn the value and meaning of the various post-secondary academic degrees.

March

Objectives:

1. First Generation Shared Experience

Portfolio Product:

o College Tour/Virtual Tour Review

Club Activity:

- Guest Speaker
- College Knowledge Review

- Discuss different colleges and universities and your student's desires related to their post-secondary goals.
- Mentor Toolkit Activity
 - 22: How Do I Decide?
 - Objective: The student and mentor will practice social emotional skills of responsible decision-making.

April & May

Objectives:

1. End of Year Celebrations

Portfolio Product:

• Portfolio should be completed by now!

Club Activity:

End of Year Awards

- o Review goals that were set for the 2022-2023 school year and discuss accomplishments.
- Discuss the student's desire to set new goals and aspirations for the 2023-2024 school year.
- Celebrate your student's successes from throughout the school year and life lessons that have been learned.